

## **INTRODUCING**

Poddar Nursing Home, j 62 patel nagar 1<sup>st</sup>, hapur road, opposite purana bus adda, Ghaziabad, a 51 bedded state-of-the-art multi specialty hospital. With a mission 'Health for all' as our guiding spirit, we have embarked on a mission to bring health services of international standard within the reach of every individual. The Hospital is located at the heart of Ghaziabad, adjoining Noida and East Delhi. Needless to say, it is easily accessible from all the satellite township of NCR.

We at Poddar nursing home are committed to provide quality health care services by trained and competent staff, backed by a team of Doctors and consultants with immense name and repute in their respective fields. Our departments are headed by the available professional of NCR and are ready to deliver their services round the clock.

### **Facilities:**

Emergency & Trauma Services:

4 bedded casualty is equipped with hi-tech, equipment round the clock presence of Casualty / emergency services, Make the department ready to deal with any emergency situation and disasters. Ambulances with the facility of 'Advanced Life Support Unit' make the hospital services accessible to patients in the 'Golden Hour'.

### **Out Patient Departments:**

A well planned layout of OPD area and availability of patient care coordinators make the Out Patient Department 'people friendly' and reduce the inconvenience to the incoming patients, Consultants from various specialties ie. Internal Medicine, Obs & Gynae, Paediatrics, Orthopedics, Physiotherapy, Dietetics and super specialties like cardiology, Nephrology, Neurology & Neurosurgery, Gastroenterology & GI Surgery, Plastic & Cosmetic Surgery, Pediatric Surgery, Endocrinology, rheumatology, and Psychiatry & Clinical Psychology etc. are available on call round the clock.

### **ICU and Critical Care**

3 bedded intensive Care Unit is managed by trained professionals and intensivists. Presence of ultramodern Patient monitoring systems Ventilators, Anesthesia Machines (GE-Anesthetist work station), ABG Analyzer, Central Oxygen Suction units makes it complete.

### **Operation Theater:**

There are 02 major Operation Theatres, Equipped to maintain high standards of sterilization. All theatres are supplemented with dedicated anesthesia work station equipped with anesthetic agent monitoring and multi-parameter monitoring.

### **Department of Laboratory Services:**

Lab services include clinical pathology, Hematology, Immunology, Bio-chemistry, Micro-biology and Histopathology. Automated Analyzers from M/s Nicholas Piramal make results errorless and fast. Some of those are:

- Fully Auto Biochemistry Analyzer
- Semi Auto Hematology 3 Part Analyzer
- Electrolyte Analyzer.
- Hormonal Assay.
- Coagulation profile test equipment

### **Department of Radiology & Imaging Services:**

The Department of Radio- diagnosis and Foetal Medicine is equipped with:

- Fully digital X-ray Machine with motorized table, fluoroscopy and full computerized digital radiography system make the images more clear and minimizes the artifacts.
- colour Doppler to carry out Routine Ultrasound, Doppler study, Echo-cardiography and 4-D imaging.
- Ultrasound Model siemens System for routine sonological investigations, and guided procedures.

### **Department of Internal medicine**

**Dr Madhu Poddar** is a well known senior physician of Ghaziabad providing a trusted care and treatment to whole lot of families of Ghaziabad for last 34 years. A social worker by heart she is a well known citizen . With her expertise and experience in the treatment of wide variety of diseases like thyroid disorders, diabetes, hypertension, heart diseases, neurological diseases etc patients return happy from our hospital.

### **Department of orthopedics**

Under the guidance of **Dr Mayank Poddar**, department of orthopedics, trauma and sports injury

Is running with facilities well equipped to provide complete orthopedic care to a patient. Arthroscopy being the speciality of Dr Mayank, provides minimal access treatment to joint diseases which significantly reduces the trauma of surgery to the joint, resulting in faster recovery. Spine problems, all kinds of fracture, disc prolapse, tuberculosis etc are few of the wide range of diseases which are being treated. **Department of physiotherapy** under the guidance of Dr Tushar Kapoor and Dr Shupendra Singh augments very well to the orthopedic and other departments.

**Department of Nephrology and Urology:**

The Hospital Offers exclusive facilities for Endoscopic Surgeries like electro vaporization to treat urinary-renoscopy to offer comprehensive operative treatment to all types of calculus related diseases.

**Department of GENERAL Surgery**

**Dr R K Poddar** has been practicing since 1985 in Ghaziabad, as one of the most senior surgeons of Ghaziabad. All abdominal and general surgeries are being done in the department.

**Department of Minimal Access Surgeries:**

The Hospital is to be the center of best treatment of minimal access treatment of Biliary and Gastroenterological diseases, gynecological diseases, urological diseases, orthopedic diseases. The department is managed by a team of specialists and superspecialists to perform all kinds of diagnostic & therapeutic endoscopies including endoscopy cystoscopy, ureteroscopy, laparoscopy, hysteroscopy, arthroscopy, urethroscopy, sigmoidoscopy, colonoscopy etc.

Minimal access procedures may help in the evaluation of:

- HERNIA, APPENDICITIS, DIAGNOSTIC LAPAROSCOPY, INTESTINAL DISEASES
- Cancer of the colon, esophagus, lung, pancreas or stomach, and ampullary and rectal cancers
- Lymphoma
- Barrett's esophagus
- Neuroendocrine tumors
- Pancreatitis and pancreatic cysts
- Bile duct stones
- Rectal fistulas and fecal incontinence
- Sarcoidosis
- Evaluation and Treatment of infertility
- Joint diseases
- Biopsies
- Urinary tract diseases all kinds of.

The department of minimal access surgeries is equipped with state-of-art, ultra-modern laparoscopic equipment and managed by experienced And well trained surgeons.

**Facilities available:-**

- Gall bladder minimal access or open
- Abdominal hernia all kinds- lap or open
- Solid organ surgery (spleen, kidney and adrenal glands etc.)
- Trauma surgery

- Ovarian cystectomy
- Hysterectomy- minimal access or open
- All joint diseases
- All kinds of fractures
- Dental surgery
- Piles treatment- wide range of options
- Fistula treatment- wide range of options
- Urinary system diseases- wide range

There are a number of advantages to the patient with laparoscopic surgery versus the open surgery

- Better access and visualization
- Less blood loss
- Very small holes
- Less pain and scarring
- Lesser risk of infection
- Quick recovery
- Early discharge”

### **Department of Obstetrics, Gynecology & Paediatrics {Mother and Child Care Unit}**

The Hospital provides highest standards in maternity and infertility management by a dedicated team of Gynecologists and Obstetricians with support of experts in Paediatrics. We are committed to deliver world-class patient care like labour analgesia {painless delivery} along with other diagnostic & Therapeutic Procedure like Laparoscopy, Hysteroscopy and all types of Gynecological Surgeries.

We are focused to provide comprehensive management of problems related to blooming buds, led by a team of well experienced pediatrician, care facility for neonates and pediatric patients. Physiotherapy, Occupational Therapy, Diet & Nutrition Counseling and behavioral guidance for children give extra-ordinary impact in speedy recovery and rehabilitation of patients.

### **Department of Blood Bank Services:**

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### **Department of Dental surgery**

Under the care of **Dr Ankit Sachdeva, Dr Priya Tyagi, Department of Dental surgery**

Provides complete dental care to the patient with treatment by specialist and super specialists.